

# Erotic Conditioning: Playing Between the Ears

By Jim Duvall



- National Coalition for Sexual Freedom
- The advocacy organization for US
- [ncsfreedom.org](http://ncsfreedom.org)

# Why The Mind?

Largest Sex Organ

Where our kink starts



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# The Parts

Conscious Mind  
Subconscious Mind



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# Ethics

- Permanent or Semi Permanent Changes
- Do No Harm
- Dependence
- Informed Consent

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# Accessing the Mind

Role Play  
Telling a Story  
Conditioning



# Conditioning

- Operant Conditioning
  - Pavlovian Conditioning anchoring
  - Positive Reinforcement Adding a favorable Stimulus
  - Negative Reinforcement, removing a negative stimulus.
  - Positive Punishment is adding a negative stimulus
  - Negative Punishment is removing a positive stimulus



# Speaking to the Subconscious

Avoid Negatives  
Double Binds  
Using Arousal

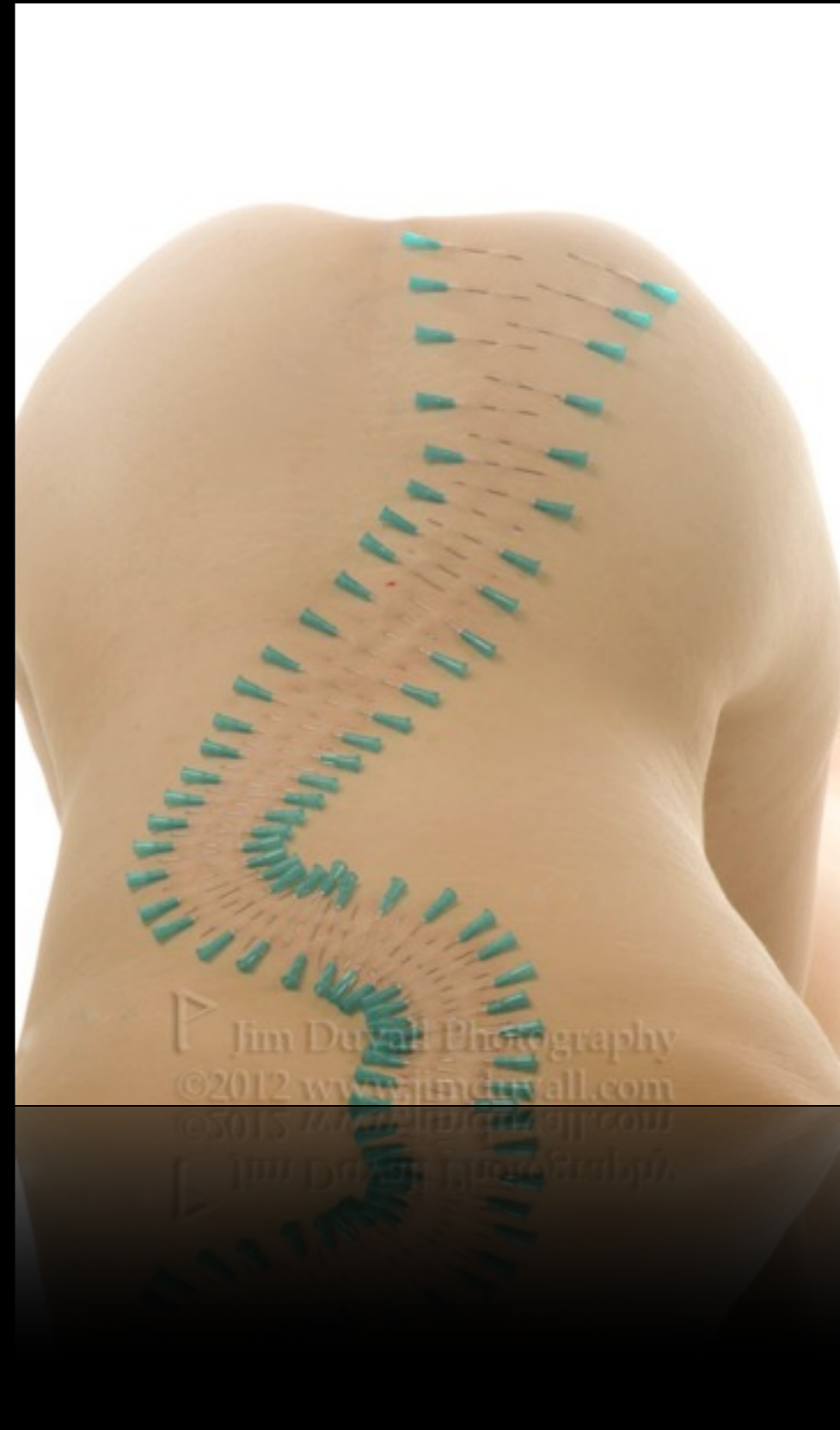


# Caveats

- Unintended Consequences
- Misinterpretations
- Do Not Diagnose
- Know when to use professionals

# Use a Professional?

Is it play?  
When your bias will interfere



# Anchoring

- Find a way to reliably get a response to a stimulus(1)
- Introduce a second stimulus(2)
- Slowly decrease stimulus(1) keep stimulus(2) constant
- Remove stimulus(1) completely

# Transferring

- Introduce stimulus(2) and add in stimulus(3)
- Slowly decrease stimulus(2)
- Keep stimulus(3) constant
- Remove stimulus(2)

# What To Use??

Voice commands  
Physical objects  
Physical stimuli  
Scents



# Ethics Recap!!

- Permanent or Semi Permanent Changes
- Do No Harm
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# Stalk Me

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